

Newsletter August 2026

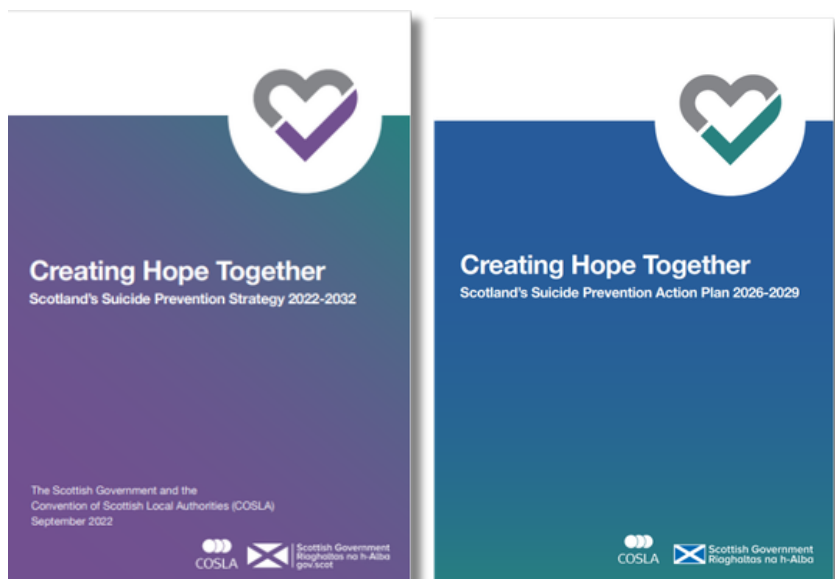
Welcome to the August 2026 edition of the Suicide Prevention Scotland newsletter.

This newsletter is a way of keeping the Suicide Prevention Scotland Network up to date with progress on implementation of the national suicide prevention strategy and also any other relevant information.

Please share this newsletter with others. If you've been forwarded the newsletter and would like to sign up to receive it directly please complete the form [here](#).

If there is anything you would like to see included in future editions or a contribution you'd like to make, please let us know via email:

[**phs.suicidepreventionteam@phs.scot**](mailto:phs.suicidepreventionteam@phs.scot)



In Scotland our work to prevent suicide is guided by the Creating Hope Together Strategy and Action Plan, you can click on the documents to the left to find out more.



Welcome

I've just read through the content of this newsletter so I had an idea of what I wanted to say as an introduction. It made me reflect that the idea of a regular newsletter started out as a way of communicating what was happening through our national work to the local suicide prevention leads. We weren't precious with it, as we started sending it out, we encouraged those local leads to share it within their networks and for those networks to share it. We also started to receive requests for information to be added, for examples of practice happening across local areas to be included as a way of sharing with others the great suicide prevention work happening across our communities.

This issue of the newsletter is packed with information covering work for children and young people, bereavement support, resources for world suicide prevention day, new web pages on stigma, updated learning resources, examples of local work and much more. I am thankful to the team in PHS who pull this newsletter together, it is an example of how a small idea can grow and grow, it demonstrates a way for us to bring to life the suicide prevention work across Scotland and show how our Suicide Prevention Scotland community continues to do all it can to prevent suicide – I'm grateful to everyone involved.



Haylis Smith, National Delivery Lead for Suicide Prevention Scotland, talking to a conference delegate

If you have an example of work you think would be good to highlight in future newsletters, please let the PHS team know, their details are on the front page. We also have other ways of connecting and communicating with people across Scotland.

Some examples are; building on the campaigns work, we'll be launching a new documentary length film for World Suicide Prevention Day featuring Phil Wanless and his family. Phil lost his son Fraser to suicide. It will focus on what Phil wishes he had known before Fraser's suicide that he feels others should know. It will be accompanied by a facilitation pack to support conversations about the themes in the documentary and encourage people across our communities to build their understanding about what they can do to help people who have thoughts of suicide.

We also continue to host the Suicide Prevention Scotland knowledge hub and network, there are details on the last page of the newsletter about how you can join these, these are ways that allow you to connect with others working in suicide prevention and allow you the opportunity to help shape the work we are delivering. Finally, you will also find details about United to Prevent Suicide in the newsletter, our social movement for anyone in Scotland who wants to take action to prevent suicide.

Thank you for all you do to help prevent suicide in Scotland.

Haylis

World Suicide Prevention Day 2026 Toolkit



We're pleased to let you know that free social media resources are now available to order for World Suicide Prevention Day 2026 (10 September).

You can order these resources at suicideprevention.scot/wspd2026, and a link will be sent to your email to download the assets.

This year's creative follows on from the latest public awareness campaign phase, 'What if asking about suicide could save a life?'.



Examples of assets from the toolkit.

Lots more is planned in the next nine months, including a documentary, campaigns with a local (place-based) community, a marginalised community, a new season of the hugely popular What if Podcast, and the next phase of our national campaign.

If you have any questions, please email us via communications@suicideprevention.scot.

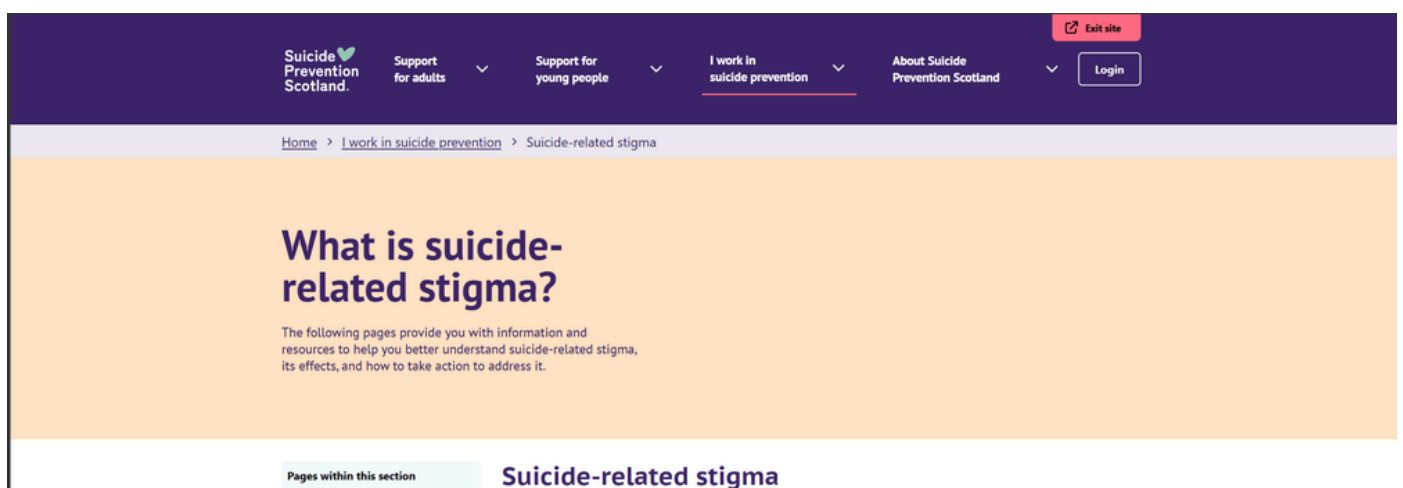


New webpages explore Suicide-Related Stigma



Suicide-related stigma can have a profound impact on individuals, families and communities. It can affect how people seek help, talk openly about their experiences, or access the support they need.

To help strengthen understanding and support, Suicide Prevention Scotland has published a series of webpages focused on suicide-related stigma. Developed using both lived experience and research evidence, the resources aim to help anyone working in suicide prevention better understand what suicide-related stigma is, how it can affect people, and what can be done to challenge it.



The webpages explore different forms of stigma, share insights from people with lived experience, provide practical information, and signposts to additional resources. They are relevant for anyone who wants to create environments where people feel safe, respected and supported.

By increasing awareness and encouraging more compassionate responses, we can all play a part in reducing the harmful effects of stigma.

Find out more and explore the resources at [What is suicide-related stigma?](#)

Suicide Prevention Scotland are hosting a workshop on suicide-related stigma at a Conference in Dundee during Suicide Prevention Awareness Week, if you are interested in helping us to test this workshop then please get [in touch](#).



Suicide Prevention in Education



Where does this work sit?

Creating Hope Together, Scotland's suicide prevention strategy, includes a commitment to develop age-appropriate and evidence-informed resources for schools which build understanding of mental health, self-harm and suicide prevention.

The work is being taken forward within the Whole School Approach to Mental Health and Wellbeing. This is important because it recognises that schools have a key role in supporting children and young people, but they cannot and should not meet all wellbeing needs on their own. Parents, carers, families, health services, children's services and community partners all have a role to play. It also recognises that teachers and school staff are not mental health professionals.

What has been achieved so far

The Children and Young People Suicide Prevention Lead at COSLA has also been part of the Mental Health in Schools Working Group. Through that group, the following work has also been progressed or started:

- A **school's practice guide** and podcast has now been developed to share examples of suicide prevention work already happening in Scottish schools.
- The **Whole School Approach Framework** has been reviewed, with a suicide prevention guide being developed to support reflective practice in schools.
- The **Professional Learning Resource** and **Mental Health Hub** held by Education Scotland have been reviewed, with updates being made to the self-harm and suicide prevention content.
- Work has started to develop a crisis response process document.
- Examples of effective practice in teaching suicide prevention with pupils are being gathered.
- Discussions are continuing with Scottish Government and COSLA structures about the need for clear crisis services, pupil support pathways and staff wellbeing support.
- Work has also taken place with Public Health Scotland to update national **suicide cluster guidance**, including a new section on education settings.



An evidence report on teaching suicide prevention in schools has also been drafted, bringing together academic evidence, practitioner insight and youth voices.

The below three key messages for teachers and school staff emerged from this:

1. Teaching suicide prevention awareness in schools appears broadly positive, with potential benefits for pupils, but more evidence and evaluation is needed to understand what works best and in what conditions.
2. Staff confidence, workload and wellbeing must be central considerations. This is complex work and it cannot simply be added to schools without the right support around it.
3. Schools have an important role, but they cannot deliver suicide prevention in isolation. Strong safeguarding, clear links with mental health professionals, parent and carer engagement, and routes to support for pupils and staff are all essential.

To progress this work, Suicide Prevention Scotland will continue to report to the Mental Health in Schools Working Group and engage with wider education stakeholders. Sessions have also been held with colleagues across health and social care, with further engagement planned over the coming months to support their role in this work and ensure a coordinated multi-agency approach.

There will be an opportunity for the youth workforce to engage in this work at an event on the 9th of November, more information is [here](#). For those who do not work in the children and young people sector but are interested in this work, the CYP Local Suicide Prevention Forum will hold a session on education; the date is to be confirmed.

Further information, including the evidence report, can be found on the schools section of Suicide Prevention Scotland's website here: [**Suicide prevention in education settings - Suicide Prevention Scotland.**](#)

Youth Work



Youth work has an important role in supporting children and young people's wellbeing and helping them feel safe, listened to and valued. We heard this during the **Insight Report** work undertaken in 2022. YouthLink Scotland also produced an evidence report highlighting the sector's role in suicide prevention, available **here**.

To support this role, the CYP Delivery Lead at Suicide Prevention Scotland has been engaging with the sector through forums and events to understand its needs. The sector has also supported the development of the Enabling Conversations Toolkit and is exploring the opportunities and support needed to roll it out across youth work settings.

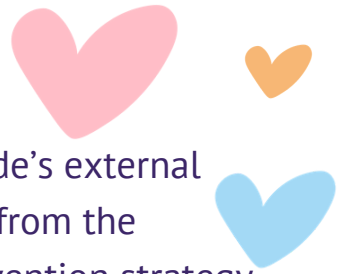
Work is also taking place with policy colleagues to explore the opportunities of the Community Learning and Development Review to consider suicide prevention.

If you are a youth worker and would like to know more about this work, please look out for engagement opportunities through YouthLink Scotland and Youth Work Scotland.

Suicide Prevention Scotland also has a Participation Network for practitioners in Scotland working with young people who have experience of suicidality, have lost someone to suicide, or experience poor mental health. It is a place to share learning and practice. You can sign up by emailing **pshirazi@childreninscotland.org.uk**.



Higher and Further Education



Work is taking place in partnership with members of Strathclyde's external advisory group to produce a practice study capturing learning from the development and implementation of Strathclyde's suicide prevention strategy. The aim is to provide information and guidance for other higher and further education institutions, with publication planned this year.

Academic work is also taking place between Charlotte University in America, Strathclyde University and Suicide Prevention Scotland to develop a suicide prevention training framework for staff in universities and colleges. This is being explored with the National Suicide Prevention Network for colleges and universities, which brings together representatives from colleges and universities in Scotland to share and explore work supporting staff and students in relation to suicide prevention.

The network has met three times this year and has explored embedding suicide prevention into the curriculum and supporting staff wellbeing. Members have also been linked with local suicide prevention leads to support local connections.

To support the network and the sector, work has also taken place with NUS to build suicide prevention information into the public Think Positive <https://thinkpositive.scot/site> and the private portal for University and College Network members.

Those who work in the sector are encouraged to link with the representative for their institution on the network.

Anyone who would like to be connected to their local college or university representative can do so by emailing phs.suicidepreventionteam@phs.scot.

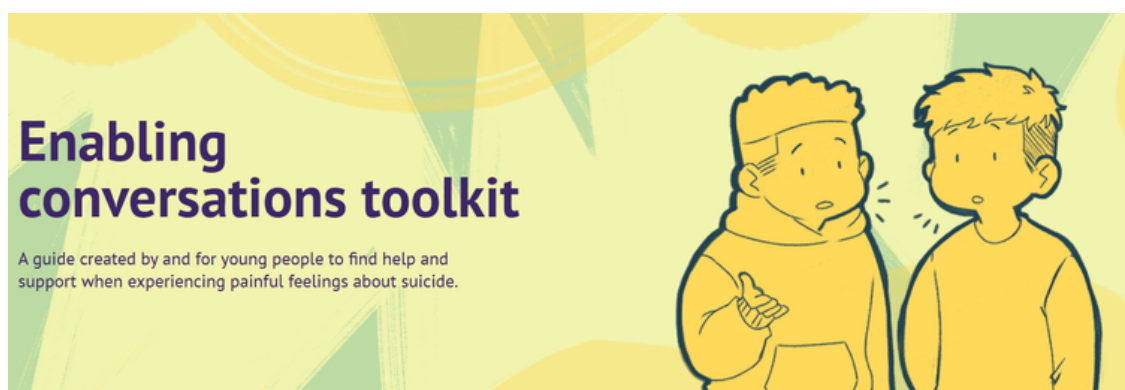
If you are a representative on the network and would like to be linked to your local Suicide Prevention Lead, please email suicide-safer@strath.ac.uk.



Enabling Conversations



The Enabling Conversations work is helping children, young people and the adults around them feel more confident to talk about mental health and suicide, and to know where support is available. This work began after young people told us that they often speak first to a parent, carer, friend or trusted adult, but that these conversations can feel daunting. In response, the **Enabling Conversations Toolkit** was co-developed with young people, adults and subject experts and launched in September 2025. Since then, several local areas have rolled out the toolkit with more noting plans to do this.



An **implementation** pack has been created to support local planning. A co-produced video, designed with young people, practitioners and parents, will also be launched in September. It explains how staff, young people, families and trusted adults can use and promote the resource.

Work is also underway with YouthLink Scotland, Youth Work Scotland and public libraries to understand how the toolkit can be shared in places where young people and families are likely to access support.

In 2026–27, the toolkit will be reviewed with practitioners, parents, carers and young people. Further work is planned to improve guidance for parents, carers and trusted adults, and to adapt the resource for young people with autism.

Please review the resource and implementation pack and consider whether this resource is useful for your work setting. If you would like support with this, please contact **jenny@cosla.gov.uk**.



Mental Health Improvement and Suicide Prevention – Refreshed Skilled-Level Facilitator Resource Now Available on Turas Learn

Public Services Delivery Scotland and Public Health Scotland are delighted to launch the refreshed **Skilled-Level Facilitator Resources** on Turas Learn.

The Skilled-Level Facilitator resources are designed to support local facilitators and educators who deliver education in mental health improvement and the prevention of self-harm and suicide across Scotland.

'The 'Skilled Level of practice' describes the knowledge and skills required by 'non-specialist' front line staff working in health, social care, and wider public and other services. These workers are likely to have direct and/or substantial contact with people who may be at risk of mental ill health, self-harm or suicide, meaning that they have an important contribution to make in mental health improvement, self-harm and suicide prevention'. (NES, 2019).

The updated resources were developed following an independent evaluation and comprehensive review process, the four packages available are Supporting a person at risk of Distress and Crisis, at risk of Suicide (Adult/Children and Young People), and at risk of Self-harm. Incorporating learning from facilitator feedback and emerging evidence ensures they continue to support high-quality suicide prevention education across Scotland.

The refreshed resources provide enhanced facilitator information with a new Facilitator guide **[Mental health improvement and prevention of self-harm and suicide - Facilitator Guide | Turas | Learn](#)**, improved accessibility and usability, alignment with current evidence, policy and practice, and offers a consistent approach to delivering skilled-level suicide prevention learning.



For additional information please view the [Facilitators Area](#) | [Turas](#) | [Learn](#) or if you would like to discuss further, please contact the Mental Health Improvement, self-harm and suicide prevention team via email: mentalhealth@nes.scot.nhs.uk



United to Prevent Suicide launches The Declaration



United to Prevent Suicide is Scotland's social movement to prevent deaths by suicide. We welcome anyone interested in coming together to take action on a personal, community or national level. Last week, we launched our Declaration of who we are and what we do, collectively written by members at our first Big Meet Up earlier this year. The Declaration has been published alongside a montage film featuring members across the country and a toolkit of digital assets and a printable poster to promote our work.

- You can download the Declaration [here](#).
- You can watch the film [here](#).
- You can check out the toolkit [here](#).
- And you can share our content on [Facebook](#) and [Instagram](#).

If you'd like to find out more, don't hesitate to contact:

maddy.kirkman@unitedtopreventsuicide.org.uk

Directory of services to support asylum seeker mental health and wellbeing

The Asylum Mental Health and Wellbeing team within the Home Office are currently funding 12 Strategic Migration Partnerships (SMPs) to deliver community and therapeutic interventions for the benefit of asylum seeker mental health and wellbeing. They aim to create a directory of services in each of the regions, whether they are funded or not, to allow for greater networking and collaboration within and between regions. This will also help to improve the referral pathways across regions.

If you provide a service which is able to support the mental health and wellbeing of asylum seekers, either directly or indirectly, and would like your service to be included in the directory, please complete this form [Home Office Directory](#).

You can reach out to stephanie.brown7@homeoffice.gov.uk if you have any questions.



Mikeysline's Hive on the Road – Bringing Hope, Connection and Lifesaving Support to Rural Communities Across the Highlands, Islands and Moray.

Mikeysline's Hive on the Road continues to bring mental health and suicide prevention support directly into more rural and remote communities across the Highlands, Islands and Moray. Our mobile support hub enables our charity to extend its outreach, build local partnerships and make support more visible and accessible in the places where people live, work and gather.



Collaboration with organisations such as the Gamekeepers Welfare Trust has been important partnership working for us recently, it helps us connect with rural communities that can often be difficult to reach and where barriers to accessing mental health support are greatest. Together, we can raise awareness of suicide prevention, reduce stigma, and provide accessible, compassionate support to people where they live and work.

Recent visits to Caithness, Sutherland, Lochaber, Lochalsh, Inverness-Shire, Wester and Easter Ross have shown the strength of taking support into public settings. From collaboration meetings with local partners to community events such as Kinlochleven Gala, Lochaber Pride and the Gairloch Highland Gathering, the Hive on the Road has created opportunities for open conversations, meaningful engagement and early connection with people who may not otherwise seek support.

This kind of visibility is especially important for young people, who may feel unsure about where to go, how to start a conversation, or whether their worries are “serious enough” to ask for help. Seeing Hive on the Road in familiar public places can make support feel less intimidating, helping to build trust and encourage young people to reach out for support earlier than they perhaps would.



The impact of this approach is clear in feedback from people who have accessed our service. One person described feeling “instantly held and completely supported” when the Hive on the Road visited their rural community hub, saying our confidential mobile facility had been “crucial and invaluable” for them and their young daughter. They described the ongoing help and in-person support they continue to receive as “a complete lifeline”, underlining the difference this service can make when it reaches people close to home.

Working together is key to preventing suicide in our rural and remote communities. If you'd like to explore how Mikeysline's Hive on the Road can support your community, collaborate on local initiatives, or share learning and good practice, we'd love to hear from you. Together, we can make support more accessible and ensure that no one faces life's challenges alone.

<https://getinvolved.mikeysline.co.uk/>



Creating Hope Together Bereaved By Suicide

Peer Led Support Groups within East Ayrshire.



East Ayrshire have been delivering the Creating Hope Together Bereaved by Suicide Peer Led Support Groups which were established in 2024 to provide connection, compassion and understanding for some of those who have been affected by the loss of a loved one to suicide.

Having partners involved was imperative to ensure safety for all, they included:

- NHS Ayrshire & Arran Spiritual Care Team
- Penumbra who are commissioned within East Ayrshire to provide bereaved by suicide support
- Papyrus for our young people
- Auchinleck Community Development Initiative were the first pilot area
- The team in The Nest, Cumnock was our second pilot area
- The Zone in Dalmellington was the third pilot area
- Stewarton Annick Youth and Community Centre was another host for the bereaved by suicide support groups.
- KOOTH for our young people who may have been affected by suicide
- Believe Ayrshire who provide compassionate support for those bereaved by suicide in South Ayrshire attended to help facilitate the group
- South Ayrshire Suicide Prevention Lead wanted to come along in order that the groups could also commence in South Ayrshire and finally
- HMP Kilmarlock who have kindly provided the venue for our local prisoner population

The groups have been happening all over East Ayrshire to ensure that those whom would like to attend the bereaved by suicide support groups can attend.

Evidence suggests that 65% of those who have been bereaved by suicide may go onto take their own life. Therefore, the goal was to ensure that there was timely, compassionate peer led support available for those that may want to attend.



The outcome of the groups have been wonderful, with some participants going onto attend the two day suicide prevention ASIST training to increase their suicide prevention skills. The groups continue to grow with the newest groups being within HMP Kilmarnock for our local prisoner population who may also need peer led support. These bereaved by suicide support groups within HMPK are the first groups within a prison setting in Scotland which is fantastic. 11 men are attending the group, which consists of a 7 week program of bereaved by suicide support.

At present via the various support groups throughout East Ayrshire a total of 45 individuals have attended with a further 11 individuals attending ASIST, the two day Suicide Prevention training course led by the Pan Ayrshire Suicide Prevention Training Team, in order that they could facilitate their own future Creating Hope Together Peer Led Bereaved by Suicide Support Groups.

A huge shout out to all of the hosts who have come on board to provide this service within their local community. They are wonderful!



Thrive Welcome Teams – Edinburgh



Who is Thrive Welcome Team suitable for?

People come to us for support for a variety of factors which may be affecting your mental health including:

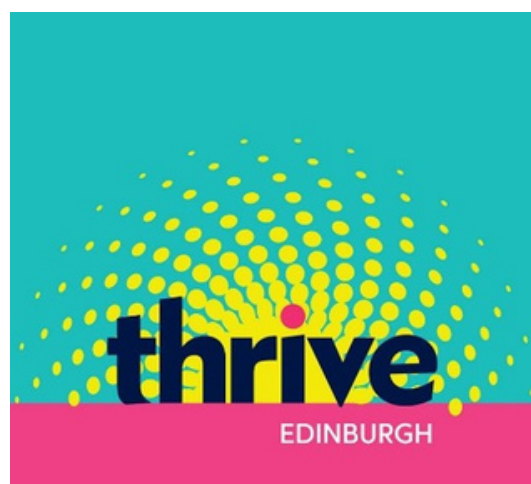
- Help to manage their emotions
- Feeling anxious
- Having low confidence
- Feeling lonely and isolated
- Having difficulties in their relationships
- Experiencing feelings of low mood, and depression
- Carers' mental health and wellbeing

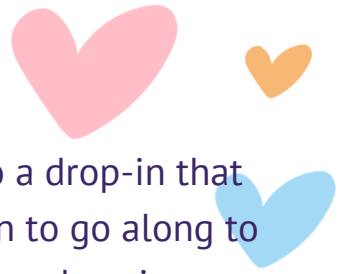
What support can you offer me?

This might include any of the following:

- Help you to find new ways of coping with managing anxiety, low mood or distressing emotions you may be feeling
- Link you into other services including housing, carers support or employability, so you receive the right support at the right place
- Connect you to services and supports in your local community or in other parts of Edinburgh. This might include support groups, counselling, well-being courses, physical activities and outdoor activities in local green places.

And where needed, and if it's right for you, to introduce you to specialist support.





The best and quickest way to access our team is to go along to a drop-in that supports your area. You can find details below of which drop-in to go along to or you can ask your GP. If you cannot make it along to one of our drop-ins:

- If you have worked with a Thrive Welcome team in the past you should call your local Thrive Welcome team, even if it was in a different area of Edinburgh.
- If you have not worked with a Thrive Welcome team in the past you should speak to your GP and ask for a direct referral to your local Thrive Welcome team.

*All drop-in sessions if occurring on a public holiday will not take place due to service closure

Thrive Team - more information

[iThrive | Thrive Welcome Teams](#)

There are also links to wider resources on the ithrive website

[iThrive | Self-help](#)

[iThrive | Find support](#)



Training, events and opportunities to get involved

The Canmore Trust Third Wellbeing Conference

Join us on the 29th and 30th of October at Dunblane Hydro for our third wellbeing conference.

Delivered in collaboration with the Scottish Police Federation the conference will explore:

- 1.the impact of society's current mental ill-health and suicide crisis on frontline police officers;
- 2.the impact of frontline policing on the suicide community - those who have experienced suicidal crisis and those who have lost someone to suicide.

and will ask the questions:

- 1.how can we improve support and encourage wellbeing for serving police officers in order to reduce suicidal behaviour?
- 2.how can frontline police officers learn from the suicide community to reduce trauma at the interface?

Book your place now: <https://buytickets.at/thecanmoretrust/2259441>

Peer Leadership in Scotland: Setting the Agenda – Book Your Place

People with lived experience have an essential role in shaping Scotland's mental health system. Their insight helps create services, policies and conversations that are more compassionate, recovery-focused, and responsive to people's needs – all of which are vital to suicide prevention.

Join Scottish Recovery Network's next Peer Connects event, Peer Leadership in Scotland: Setting the Agenda, on 1 October in Glasgow. Together, we'll explore what peer leadership looks like in practice, share learning from across Scotland, and discuss how lived experience can influence the future of mental health support.

Whether you're working in peer support, leading change within your organisation or interested in strengthening lived experience leadership, this event is an opportunity to connect with others and contribute to the conversation.

To support this work, we've also developed [Putting the Pieces Together: A Framework for Mental Health Peer Support in Scotland](#) and our [Creating Hope with Peer Support Practice Guides](#), which explore how peer support can contribute to suicide prevention through safe, compassionate, and recovery-focused practice.



Follow [Scottish Recovery Network's new LinkedIn page](#) to keep up to date with future events, resources, and opportunities!

Book your free place at [Peer Leadership in Scotland: Setting the Agenda](#).

Launch of Enabling Conversations Promotional Videos

As part of Suicide Prevention Week activities, we are delighted to invite you to the launch of the Enabling Conversations promotional videos, developed in partnership with Electrify and co-produced with a group of young people, practitioners and parents.

Event Details

Date: 17 September 2026

Time: 4.00pm to 4.30pm

Location: Online

This short online event will showcase and celebrate the launch of a series of co-produced promotional videos that highlight the Enabling Conversations Toolkit. The videos demonstrate how trusted adults, practitioners and young people can use the toolkit to support more open, confident and compassionate conversations about suicide.

Register here:

[Launch of the Enabling Conversations Promotional Videos | Events & Training | Children in Scotland](#)

By attending, you will:

- Increase your understanding of the Enabling Conversations Toolkit and how it can be used and promoted within your organisation.
- Learn more about the new promotional videos and how these can support local implementation of the toolkit.
- Explore how the videos and the implementation [guide](#) can help you plan and promote the rollout of the toolkit across your networks.

Children & Young People Local Suicide Prevention Forum

The Children & Young People Local Suicide Prevention Forum is an online, bi-monthly forum that brings together people working locally and strategically on suicide prevention activity for children and young people across all sectors. It aims to provide a space for people and organisations to share what they are learning, discuss what is working well, and identify where more support is needed.

The next forum meeting is on 23 September, 2–3.30pm, and will focus on death reviews. We will hear from PHS colleagues and those leading on the National Child Death Review Hub. If you would like to attend this session, please email phs.suicidepreventionteam@phs.scot.

Forum themes are set by members. Since the forum launched last year, topics have included support for parents, suicide prevention in education, postvention, crisis support and collaborative working.

Please consider joining the forum if you work locally and strategically on suicide prevention. If you would prefer to focus on practical support for practitioners, the Participation Network may be more relevant.

You can sign up to the forum [here](#).

SAMH Presents: Applying a framework for preventing and responding to suicide

The SAMH Workplace team invites you to a one-off virtual event on World Suicide Prevention Day that looks at applying an organisational framework for preventing and responding to suicide.

The workshop will:

- Build understanding of the importance of a standardised, evidence-informed approach to suicide prevention and postvention within the workplace
- Introduce a practical framework aligned with the BSI Standard for Suicide and the Workplace for organisations to assess current practice, plan improvements and measure impact
- Provide a collaborative space for attendees to share learning, explore challenges, and generate sustainable organisational actions

When: Thursday 10th September, 10am

Who is the workshop for: HR professionals, leaders and anyone with strategic influence or with an interest in how workplaces can play an active part in prevention of and response to suicide.

Tickets here: [**SAMH Presents: Applying a framework for preventing responding to suicide**](#)

Public and third sector staff can use code DISC50 on booking to receive a 50% discount.

Raising awareness and keeping ourselves safe

As part of Midlothian's annual trauma awareness week 7-11th September, we are focusing on connection and hope. We are therefore going to spotlight some of the suicide prevention work. Including launching the week with a webinar.

When: 7th September, 3-4:40pm

Where: Online

Susie Heywood will present on the current picture around suicide prevention in Scotland. As well as sharing some key messages and tips for how we can increase our own confidence in talking about and responding to suicide, she will share ideas for how you can get involved and learn more about this important issue. She will also discuss how important it is that as staff we pay attention to our own wellbeing, particularly when doing emotionally demanding work or when we ourselves or others in our teams are impacted by suicide.

Sign up if you are interested!

Joining information: To join the webinar sign up on Eventbrite [here](#)

Discovering New Perspectives in Suicide Prevention Conference @ Abertay, Dundee

For World Suicide Prevention Day on Thursday 10th September 2026, suicide prevention partners in Tayside are collaborating with Abertay University to host a full-day conference which will create the space for shared learning about what makes a difference in suicide prevention.

Keynote speakers will include Haylis Smith, National Delivery Lead for Creating Hope Together, Scotland's suicide prevention strategy, and Dr Sarah Huque, Senior Research Fellow and co-lead for the Discovering Liveability project at the University of Edinburgh.

Delegates will also have the opportunity to participate in workshops focusing on a range of practical local and national responses to suicide as well as critical perspectives and discussions in suicide prevention based on emerging research. All are welcome.

Register for the event via the Eventbrite link.

<https://suicidepreventioneventatabertay.eventbrite.co.uk/>

The poster features a white central panel with a blue and orange geometric border. At the top, logos for Dundee Health & Social Care Partnership, NHS Tayside Mental Health & Substance Use Team, and Abertay University are displayed. The title 'DISCOVERING NEW PERSPECTIVES IN SUICIDE PREVENTION' is in an orange box, followed by 'SUICIDE PREVENTION CONFERENCE 2026' in a blue box. The text describes the event as a free, full-day conference for shared learning. The date 'THURSDAY 10 SEPTEMBER 2026' and location 'ABERTAY UNIVERSITY, DUNDEE' are highlighted in orange. The time '9.15-4PM' and a 'REGISTER HERE' link are in blue. A QR code with 'SCAN ME' labels is on the right. At the bottom, logos for Protecting People in Dundee, Dundee Volunteer & Voluntary Action, and the Scottish Recovery Network are shown.

Dundee Health & Social Care Partnership NHS Tayside Mental Health & Substance Use Team Abertay University

**DISCOVERING NEW PERSPECTIVES
IN SUICIDE PREVENTION**

SUICIDE PREVENTION CONFERENCE 2026

We welcome anyone interested in learning more about suicide prevention to join us for this free, full-day event. Be inspired by our keynote speakers and engaging workshops.

Bringing together lived and living experience, peer support, and broader social understanding, this conference creates a space for shared learning – centred on what truly makes a difference.

**THURSDAY 10 SEPTEMBER 2026
ABERTAY UNIVERSITY, DUNDEE**

9.15-4PM

REGISTER HERE

SCAN ME

Protecting People in Dundee DUNDEE VOLUNTEER & VOLUNTARY ACTION SCOTTISH RECOVERY NETWORK

Key documents and information

Key documents around suicide prevention

Local Area Suicide Prevention Planning & Implementation Toolkit



Document 1: Introduction



Document 2: Action Plan Development



Document 3: Outcomes, Monitoring & Evaluation



Document 4: Governance & Collaboration



Document 5: Data & Information



Document 6: Involving People with Lived & Living Experience



Document 7: Youth Participation Practice



Document 8: Postvention & Incident Response



Document 9: Induction Pack

You can also listen to our accompanying podcasts on topics covering data, suicide bereavement, involving people with living and lived experience and work around children and young people.

Knowledge and Skills Framework for Mental Health Improvement and Suicide Prevention

Locations of Concern guidance

Cluster guidance

Public Memorial guidance

Time Space Compassion - supporting people experiencing suicidal crisis: introductory guide

Creating Hope Together - strategy

Creating Hope Together - action plan

Creating Hope Together - EQIA

Creating Hope Together - strategy (easy read)

Outcomes Framework

Find out more about the Suicide Prevention Scotland National Network

